

## Delegation Questionnaire

For each statement, click the button in the column that best describes the way you usually think about delegation.

	Not at All	Rarely	Sometimes	Often	Very Often
1 I delegate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I think "I'll do the best job here, so I'll do it myself"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 I think "He'll/they'll resent being asked"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 I think "It'll be quicker if I do the job myself"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 I think "they will make it look so easy/do it better and I'll feel even worse then"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 I think "if I delegate, then they will think I can't cope"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7 I think of all the other things I could do if I delegate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 I think of the rest I could get if I delegate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9 I think of how we can learn and develop through delegation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Not at All	Rarely	Sometimes	Often	Very Often
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**10** I think of how delegation can help the older children develop a sense of responsibility and equity

**11** I think of how delegation can develop my sense of trust

**12** I think how much more empowered I feel when I delegate

*Now, assess your responses to the questions and decide where you might be on the delegation spectrum below?*

